



The First Tee Life Skills Experience Levels

TARGET outreach (age 5) 1-4 hours

TARGET registered (age 6) 5-15 hours

- Take Aim
- Anyone Can Play
- Respect
- Golf is a Game
- Enjoy Yourself
- Try It!
- General Introduction to The First Tee
- Off-course programming
- Scoring is not a factor
- Age appropriate SNAG equipment and real golf clubs

PLAYer 3 (new participants only, ages 7 & 8)

- Purposeful Play in skill acquisition
- Learn golf skills, incorporating life skills
- Appreciate rules, etiquette and values inherent to the game
- Your game – develops individual skill based on age, level and aspirations

PLAYer 6 (new participants, ages 9 & 10/11 & 12)

- Purposeful Play in skill acquisition
- Learn golf skills, incorporating life skills
- Appreciate rules, etiquette and values inherent to the game
- Your game – develops individual skill based on age, level and aspirations

PAR (returning participants, ages 9 & 10; 11 & 12; 13+)

- Learn golf and life skills in a fun and safe environment
- Develops interpersonal and self-management skills
- Personal Par helps participants set standards based on their own abilities

PLAYer 9 (new participants, ages 13+)

- Purposeful Play in skill acquisition
- Learn golf skills, incorporating life skills
- Appreciate rules, etiquette and values inherent to the game

- **Your game** – develops individual skill based on age, level and aspirations

BIRDIE (returning participants, PAR certified)

- Learn golf and life skills in a fun and safe environment
- Continues to develop interpersonal and self-management skills
- Focuses on effective strategies for goal setting in golf and life

EAGLE (returning participants, BIRDIE certified)

- Learn advanced golf skills
- Continues to develop interpersonal, self-management and goal setting skills
- Focuses on resistance skills and wellness

ACE (nominated participants, EAGLE certified)

- Learn advanced golf skills
- Continues to reinforce interpersonal, self-management, goal setting and resistance skills
- Focuses on personal planning in golf and life
- Work one-on-one to develop as individual and become asset to community

The First Tee of Nassau County's

2011 FALL SCHEDULE

@ Eisenhower Park

Six week session: \$90

Wee Ones		Previous and new participants ages 5 to 6						
Class 14a	Saturday	Sep 17	Sep 24	Oct 1	Oct 8	Oct 15	Oct 22	9am to 10am
Class 14b	Sunday	Sep 18	Sep 25	Oct 2	Oct 9	Oct 16	Oct 23	9am to 10am
PLAYer 3		Previous and new participants ages 7 to 8						
Class 15a	Saturday	Sep 17	Sep 24	Oct 1	Oct 8	Oct 15	Oct 22	10:15am to 11:15am
Class 15b	Sunday	Sep 18	Sep 25	Oct 2	Oct 9	Oct 16	Oct 23	10:15am to 11:15am
PAR and PLAYer 6		Previous and new participants 9-12 yrs.						
Class 16a	Saturday	Sep 17	Sep 24	Oct 1	Oct 8	Oct 15	Oct 22	11:30am to 1pm
Class 16b	Sunday	Sep 18	Sep 25	Oct 2	Oct 9	Oct 16	Oct 23	11:30am to 1pm
Class 16c	Tuesday	Sep 13	Sep 20	Sep 27	Oct 4	Oct 11	Oct 18	5pm to 6:30pm
BIRDIE and PLAYer 9		Par certified and new 13 yrs +						
Class 17a	Saturday	Sep 17	Sep 24	Oct 1	Oct 8	Oct 15	Oct 22	1:30pm to 3pm
Class 17b	Sunday	Sep 18	Sep 25	Oct 2	Oct 9	Oct 16	Oct 23	1:30pm to 3pm
Class 17c	Tuesday	Sep 13	Sep 20	Sep 27	Oct 4	Oct 11	Oct 18	5pm to 6:30pm
EAGLE ACE		Birdie certified participants Nominated and Eagle Certified						
Class 18a	Wednesday	Sep 14	Sep 21	Sep 28	Oct 5	Oct 12	Oct 19	5pm to 6:30pm
Class 18b	Thursday	Sep 15	Sep 22	Sep 29	Oct 6	Oct 13	Oct 20	5pm to 6:30pm